

Holmes Chapel Health Centre - Dispensary



Dispensary – Opening Hours – 8.00am – 6.30pm

To improve the service we offer we are encouraging patients to leave their repeat prescription with us when they collect their medication and return again in 28 days to collect their next supply. This alleviates the need to drop off a repeat prescription and also avoids last minute requests. Alternatively you may continue to order your repeat prescription by completing the request slip and posting it in the Dispensary box sited in the foyer or via email as below.

The telephone repeat request line is for housebound and elderly patients only who may leave their telephone number on the answer machine. A member of staff will return their call to confirm their order request.

Repeat Prescriptions – Email Address

For Dispensing patients who live outside a one mile radius of the centre of Holmes Chapel and who utilise the Dispensary:

Requests may be emailed to: hchcdispensary@nhs.net

For all other Holmes Chapel patients, you can order your repeat medication electronically by sending an email with your details and list of medications required to: hchcscrip@nhs.net

(NB: this email address is for prescription requests only).



GP Availability

If your usual GP is unavailable on the day of your request please try to wait until they are available. Alternatively if an appointment is required for a minor ailment it may be that the Nurse Practitioner can deal with your problem, please ask the Receptionist.

GP's	Monday	Tuesday	Wednesday	Thursday	Friday
Dr Tate	In all day	In all day	No clinics	In all day	In all day
Dr Thornburn	In all day	In all day	No clinics	In all day	In all day
Dr Bailey	In all day	In all day	In all day	No clinics	In all day
Dr Taylor	In all day	In all day	In all day	No clinics	In all day
Dr Hulme	In all day	No clinics	AM - only	In all day	AM - only
Dr Bailoor	In all day	No clinics	In all day	In all day	In all day
Dr La Coste	-	AM - only	-	AM - only	-

Nursing Team Availability

Nurse Practitioners	Monday	Tuesday	Wednesday	Thursday	Friday
Julie & Louise	AM - only	AM/PM	AM - only	AM/PM	AM - only
Practice Nurses	Monday	Tuesday	Wednesday	Thursday	Friday
Caroline Faulkner	PM - only	In all day	In all day	-	In all day
Jenny Worthington	In all day	PM only	In all day	PM only	-
Sharon Wakefield	In all day	-	-	In all day	In all day
Health Care Assistant	Monday	Tuesday	Wednesday	Thursday	Friday
Kathryn Hulme	In all day	AM only	In all day	AM only	In all day

In Practice

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Staff Training – Health Centre Closed

The Health Centre will be closed for staff training on the following dates:-

Wednesday 3rd June 2015

Wednesday 1st July 2015

We will be closed from 12.30pm until the next morning:

Should you require urgent medical attention while the Health Centre is closed please dial the usual number **(01477 533100)** and your call will be automatically transferred to the NHS Eastern Cheshire GP Out-of-Hours Service. Alternatively you can contact the GP Out-of-Hours Service direct **(01625 502999)**. A triage nurse will advise you regarding your problem and where necessary they will arrange contact with a GP. If you need to see a GP outside of surgery hours you may be asked to attend a Primary Care Centre at Macclesfield, Knutsford, Crewe, Northwich, Congleton or Handforth. Home visits by a GP will be arranged where appropriate. In the event of an emergency dial **999**.



Patients can now follow us on
Twitter @HolmesChapelNHS and Facebook

Extended Hours – Early & Late Sessions

An early morning GP surgery is available from 07.30am on Mondays, Thursdays and Fridays with a late evening surgery until 7.30pm on Mondays. This service is available for routine pre-bookable appointments ONLY. The Receptionist will request a telephone number at the time of booking. This will enable the GP where appropriate to telephone you in advance of the appointment.



On line services

Patients can now register for access to order their repeat medication online at www.holmeschapelhealthcentre.co.uk

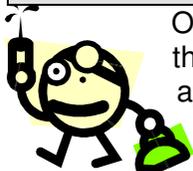
Patients can now book appointments and request their repeat medication online. In order to register for access to the online services patients must attend the Health Centre in person, bringing with them two forms of identification (one photo ID and one address ID). Once registered, patients will be able to book GP appointments and request their repeat medication via our website. If you would like to register for these online services please bring your ID in to either the main reception or dispensary reception, who will then initiate your registration for the online services.

Appointments – Telephone Calls

Please note the telephone lines opens at 8.00am - this is for URGENT and “BOOK ON THE DAY” appointments ONLY. For ALL routine appointments and enquiries please call after 9.30am when the lines are less busy.

Please note that any request for a telephone conversation with your GP will first be reviewed by the GP. It may be that the GP would prefer to have a face to face consultation with you. We will get back to you once the request has been reviewed by the GP. Please note that it is unlikely that we will be able to get back to you on the same day due to the very high workloads being placed with the GPs at the current time. Thank you for your continued support.

Telephone Triage by our Duty Doctor



Once all of our GP appointments have been booked up for the day, should you have an urgent problem, your appointment request will be passed to the nominated duty Doctor for that day. The Duty Doctor will call you back and triaged your problem over the telephone. The GP

will progress with you any necessary next steps, including asking you to come down to the Health Centre for a face-to-face consultation if required.

Self Help Information - Sun Protection

As warmer days are on the increase remember to protect yourself and your family from sunburn and heat exhaustion, especially babies and young children. Young skin is very delicate - keep babies out of the sun completely. Use at least Factor 15 Sunscreen; cover up by wearing a T-shirt, hat and sunglasses. Try to stay in the shade during the middle of the day, sun damage accumulates over time; take extra precautions if you work outdoors. To avoid dehydration drink plenty of water or fruit juice. Report any mole changes or unusual skin growths to your doctor.

Drug Driving Law

New drug drive legislation came into force from 2nd March 2015 in England and Wales. If you are following the advice of a Healthcare Professional and your driving isn't impaired you can continue to drive as usual and aren't at risk of arrest.

In the dawn of new drug drive legislation, THINK! is encouraging people who take medicines and aren't sure if they are safe to drive to check with their Pharmacist or Doctor. The new law comes into force from the 2nd March and is designed to catch people who risk other people's lives by getting behind the wheel after taking drugs, and not those taking legitimate medicines that don't impair their ability to drive. There will also be a medical defence if a driver has been taking medication as directed and is found to be over the limit, but not impaired. THINK! advises drivers who are taking prescribed medication at high doses to carry evidence with them, such as prescriptions slips, when driving in order to minimise any inconvenience should they be asked to take a test by the police. Don't stop taking your medicines, prescribed or otherwise, if you are worried about this new law. Instead, talk to your Doctor or Pharmacist for information about how your medicines might affect your ability to drive. They'll be happy to give you the advice you need to stay safe.

The new law sets limits at very low levels for 8 drugs commonly associated with illegal use such as cannabis and cocaine. There are also 8 prescription drugs that are included within the new law. These are: **Clonazepam, Diazepam, Flunitrazepam, Lorazepam, Oxazepam, Temazepam, Methadone and Morphine.** However, the limits that have been set for these drugs exceed normal prescribed doses, meaning that the vast majority of people can drive as they normally would.

A short overview of this information can be found on YouTube at <https://www.youtube.com/watch?v=Bz0tnwiYv4w>